

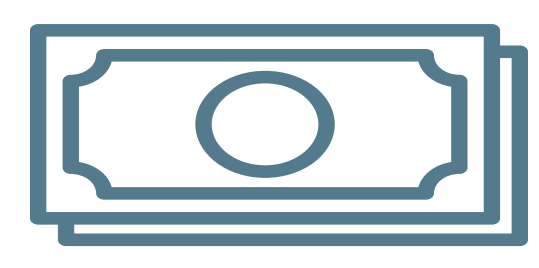
2018

# Most significant issues faced by kids visiting SBHCs



## Behavioral Health

Over 50% of SBHCs reported that behavioral health, including substance use, was one of the most significant issues facing their patients.



## Poverty

- The poverty rate in New Mexico is 30% (the highest in the nation).
- The American Academy of Pediatrics (AAP) considers child poverty in the United States unacceptable and detrimental to the health and well-being of children.



## Lack of family support and stability

- Adverse Childhood Experiences (ACEs) increase the risk of poor health outcomes.
- Household dysfunction accounts for 6-10 of the identified ACEs.



## Food Insecurity

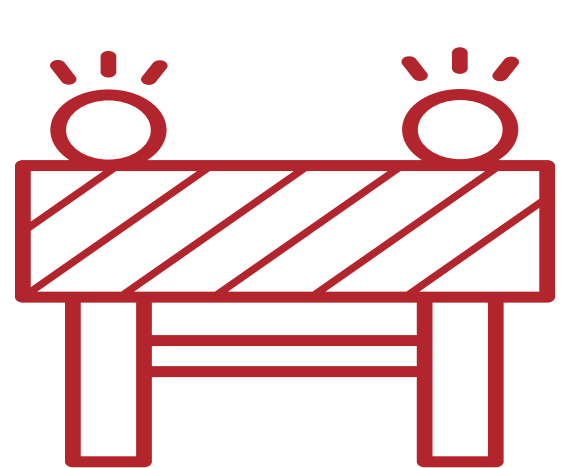
- 97% of SBHC teams reported that the students they serve experience food insecurity/hunger.
- Hungry children are sick more often, and more likely to have to be hospitalized.
- Food was the number one supply SBHCs said they needed to best serve their students.



## Basic Essentials

- Personal hygiene supplies were noted as one of the top needs of students served by SBHCs.
- According to a study done by Feeding America, the inability to afford needed household goods translates into heightened stress and stigma.

SBHCs work at the intersection of public health, primary care, and education



## SBHCs Report Top Barriers to Providing Care:

Billing/Reimbursement | Funding | Staffing/Provider Shortages

# School-Based Health Centers

“WITHOUT SBHCS... thousands of youth would be at great risk for suicide, early pregnancy, and entering the health system through expensive emergency and intensive care services.”

*SBHC Partner*



“SBHCS ARE IMPORTANT BECAUSE...”

so many parents are busy working and do not have time to take their children to doctor appointments. Parents are always so grateful to have us there to care for students.”

*SBHC Staff Member*

“SBHCS ARE SPECIAL BECAUSE...”

they provided me with critical sexual/reproductive healthcare access while I was in high school. I was unwilling to talk to my parents about going to the doctor to get tested for STIs and to get birth control. If it wasn't for my SBHC providing free and confidential services I would not have sought help.

Additionally, my provider helped educate me about sexual health and counseled me to make better and wiser sexual and reproductive choices. My school did not provide sex education, my parents provided it too soon for me to care or retain the information, and as a result I made very poor choices. I am so grateful that someone referred me to the SBHC, because without Robert (PMS provider at SFHS) I wouldn't have accessed birth control and might have had an unwanted pregnancy before I was 16, based on the choices I was making.”

*Danielle, past SBHC patient*