



SBHCS AND GRADS: *DID YOU KNOW?*

An Update for Students and Families

School Based Health Centers and GRADS work together!

The staff of your school’s GRADS program and School Based Health Centers work together to make sure you can access the best possible healthcare for yourself and your baby.

Ask your GRADS teacher, case manager or SBHC staff:

Q: When and how can I make an appointment? (find out the hours they’re open)

Q: Can I go to an appointment during school hours? (usually the answer is yes, and it can require less time away from school than an outside clinic)

Q: How will I pay for the appointment? (they take most insurance, Medicaid, and don’t turn you away if you’re uninsured)

Did you know that there is a clinic conveniently located at your school?

Did you know they can help you as a parent and your new baby too?

Get more information by talking to your GRADS teachers today!

Take advantage of the convenience of needing NO transportation and not missing a day of school!



Services for YOU!

- Annual Check-ups for you—be a healthy parent!
- Immunizations for you and possibly your baby.
- Counseling and support while you deal with the challenges of pregnancy and/or parenthood.
- Care for symptoms of pregnancy like nausea and heartburn.

Expectant and Parenting Teens Can Find Lots of Support at School Based Health Centers