

# WHAT CAN SBHCS DO FOR TEENS WHEN THEY CAN'T PROVIDE CONTRACEPTIVE SERVICES?

As youth-friendly and easily accessible health centers, SBHCs are uniquely positioned to provide quality and confidential sexual and reproductive health **information and referrals**. These important non-clinical services can give teens accurate health information and the tools and support they need to access services in the community to stay healthy.

## EDUCATE youth about reproductive health options and their rights regarding confidentiality



Provide comprehensive information about birth control and help dispel any myths teens may have heard - **Bedsider** is a great website for free teen friendly resources! [www.bedsider.org](http://www.bedsider.org)



Provide information about teen rights surrounding confidential services - **Know Ur Rights** is a great local resource. <http://pegasuslaw.org/knowurrights/>

## GUIDE youth to teen friendly, medically accurate resources

 **Love Is Respect** - <http://www.loveisrespect.org/>

 **MTV's It's Your (SEX) Life** - <http://www.itsyoursexlife.com/>

 **Planned Parenthood** - <https://www.plannedparenthood.org/teens>

 **Scarleteen** - <http://www.scarleteen.com/>

 **SexEtc** - <http://sexetc.org/>

 **Teensource.org** - <http://www.teensource.org/>

## REFER youth to a local clinic that offers the services they want



Ensure confidentiality when referring a teen to a provider in the community. If possible, refer them to a youth friendly clinic. If you need help identifying youth friendly, low or no cost clinics that provide reproductive health services contact NMASBHC.



Refer using a "warm hand-off" by personally introducing the patient to the provider you are referring them to. Offer to support them when they make the appointment and encourage them to make the appointment before they leave the SBHC. Follow up with them to see if they were able to access the services they wanted.